SAVE THESE INSTRUCTIONS

A31-1 MASSAGE CHAIR
Operation Instructions
Thanks for purchasing this product. Please read this manual instruction carefully in order to know how to use this product correctly before operation. Please pay more attention to some important safety warning and keep this manual book properly for future use. Note: Our Company reserves the right to revise the design and description of this product without any further notice. Please refer to the actual color of this product.
Safety and maintenance

1. IMPORTANT SAFETY WARNING.

- Don’t allow children to touch moveable part of this product.
- Please use well-grounding power supply suited to this product.
- Please pull out the plug after use or before cleaning to avoid injury or Damage to the product.
- Please operate this product according to this manual instruction.
- Don’t use accessories which are not recommended.
- Don’t use this product outdoors.
- Please read this manual instruction carefully before operation.
- Any other usage that is not listed in this manual instruction is forbidden.
- 20 minutes of usage each time is recommended.
- Please don’t use it if the leather is broken or damaged.
- Please don’t use it if the cover or leather is damaged.
- Please don’t use it if the radiator hole is covered or blocked.
- Please don’t drop anything into this product.
- Please don’t fall asleep while using this product.
- Please don’t use it if drunk or feel unwell.
- Please don’t use it within one hour after having meal.
- Please don’t make the massage function too strong for avoiding injury.

2. Environment for usage.

- Please don’t use it under high temperature and moist environment such as bathroom.
- Please don’t use it immediately while the environmental temperature changes sharply.
- Please don’t use it under heavy-dusty or caustic environment.
- Please don’t use it where there is not enough space or not good ventilation.

3. People who are not suitable to use this product.

- People who are suffering from osteoporosis are not suitable to use this product.
- People who are suffering from heart disease or carrying electronic medical equipment such as heart pacemaker are not suitable to use this product.
- People who are suffering from fever are not suitable to use this product.
- Pregnant women or women that are in menses period are not suitable to use this product.
- People who got injured or skin disease are not suitable to use this product.
- Children under 14-year old or people mentally unbalanced without being Supervised are not allowed to use this machine.
- People who are told by doctor to have rest or people who feel unwell are not suitable to use this product.
- People whose bodies are wet are forbidden to use this product.
- The appliance has a heated surface, persons insensitive to Heat must be careful when using the appliance.

4. Safety.

- Check the voltage if it is suitable to the specification of this product.
- Don’t use wet hand to pull the plug.
- Don’t make water go inside this product to avoid electric shock or cause damage to this product.
- Don’t damage the wires or change the circuit of this product.
- Don’t use wet cloth to clean the electric parts such as switch and plug.
- Be away from this product under power cut state to avoid injury if the power comeback suddenly.
- Stop using this product while it works abnormal, and please consult local agent immediately.
- Stop using this product if you feel unwell, and please consult health care doctor.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- If the supply cord is damaged, it must be replaced by the manufacturer, its Service agent or similarly qualified persons in order to avoid a Hazard.

5. Maintenance.

- This product should be maintained by certain appointed agents, users are prohibited to disassemble or maintain by themselves.
- Please don’t forget to cut the power after usage.
- Don’t use this product if the socket loosen.
- If this product will be left unused for long, please cut up the wires and reserve this product in dry and dustless environment.
- Please clean this product by dry cloth. Don’t use thinner, benzene or alcohol.
- If the controller can’t work normally, please check the plug and socket if they are connected strongly and make sure the switch is turned on.
- The mechanical components of this product are specially designed and made, it is not necessary to be specially maintained.
- Don’t use edged res to thrust this product.
- Don’t ride or pull this product above uneven ground, it should be lifted before moving.
- Please use it intermittently; don’t make this product work continuously for long.


- If the detachable cord / supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a Hazard.
- If this product works continuously for long, the temperature protector will make the product automatically power-off, it should be used again after half an hour’s rest.
- If the rated working time is over, the product will automatically activate the power-off button; if this product works continuously for long, the temperature protector will make the product automatically power-off, it should be used again after half an hour’s rest.
Name and function of components

1. Pillow pad
2. Controller
3. Armrest
4. Seat pad
5. Calf support
6. Backrest pad
7. Backrest cover
8. Vent
9. Controller support
10. Moving sliding wheel
11. Powercord and plug
12. Fuse box
13. Power switch
14. Socket of power cord

Function & Efficacy

Function
- Designed with a set of four-wheel-driven massage mechanical which can move up and down in the black rest
- Programmed with five kinds of emulational massage functions of Shiatsu, Kneading, flapping, Knocking, and synchronous kneading and flaping.
- Automatic checking the position of the shoulder.
- Designed with four special automatic massage function: comfort, ease, ache cure and recovery from fatigue.
- Designed with automatic massage function of the upper body (There are three optional modes for the shoulder and neck, the upper body, the back and waist).
- Designed with Manual massage for the upper body with three options, namely overall, partial and fixed massages, with five levels of speed adjustable respectively. In the state of fixed massage, the massage hands can be moved up and down; in the state of flapping, shiatsu and knocking, the width between the two kneading balls is adjustable with three levels: Wide, Medium and Narrow.
- Air pressure massage function: there are three modes of lower body, buttocks and feet, and two intensity options.
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- Air pressure massage function: there are three modes of lower body, buttocks and feet, and two intensity options.
- Heating function in the back.
- Calf rest can be lifted separately or together with the backrest.
- There are five ranges of micro adjustment of the height of shoulders, and the adjustment maybe saved in memory.
- Restoring the mechanical hands automatically.

Efficacy
- Relieve fatigue.
- Promote the blood circulation
- Relax the stressed muscle
- Ease the tensed muscles
- Relieve the nervous pain
- Relieve the muscular ache
1. Switch on the power supply of the whole unit

2. Operation methods of the remote control
(1) Start/Stop the massage of the whole unit
   ① Start the massage of the whole unit
   ② Stop the massage of the whole unit. When stopped, VDF shows the stopping state, and all massage functions will be stopped; meantime ticks may be heard; and mechanical hands, calf support and backrest will reset automatically.

(2) Start massage
   ① Press down the red button to start massage.
   ② First detect the massage points of the upper body and the position of shoulder. The machine will send ticks to prompt the completion of detection. This time a user may adjust the position of shoulder within a small range based on his (her) size by pressing down Up/Down buttons. The machine will enter the massage function automatically in case no adjustment of shoulder position is made within 5-10s.
   ③ Adjust the position of shoulder.

Suitable shoulder position

Adjust the position of massage ball upwards so that it may reach a suitable shoulder position.

Adjust the position of massage ball downwards so that it may reach a suitable shoulder position.
## Individualized automatic massage:

<table>
<thead>
<tr>
<th>Name</th>
<th>Buttons</th>
<th>Massage aim</th>
<th>Characteristic</th>
<th>State displayed</th>
</tr>
</thead>
<tbody>
<tr>
<td>For comfort</td>
<td>F 1</td>
<td>Relax the bones and muscles</td>
<td></td>
<td>Auto 01</td>
</tr>
<tr>
<td>For relaxation</td>
<td>F 2</td>
<td>Promote the blood circulation</td>
<td></td>
<td>Auto 02</td>
</tr>
<tr>
<td>For improving ache</td>
<td>F 3</td>
<td>Perform deep massage on the finger-pressed points to ease the ached body part</td>
<td>Auto 03</td>
<td></td>
</tr>
<tr>
<td>For relieving fatigue</td>
<td>F 4</td>
<td>Recover from the fatigue and resume the vigor of body</td>
<td>Auto 04</td>
<td></td>
</tr>
</tbody>
</table>

## Automatic massage:

<table>
<thead>
<tr>
<th>Name</th>
<th>Buttons</th>
<th>Massage aim</th>
<th>Characteristic</th>
<th>State displayed</th>
</tr>
</thead>
<tbody>
<tr>
<td>FULL BODY</td>
<td>F 1</td>
<td>Massage in full range</td>
<td>Perform massage mainly on the whole upper body</td>
<td>Auto F1</td>
</tr>
<tr>
<td>NECK &amp; SHOULDER</td>
<td>F 2</td>
<td>Massage of neck and shoulder</td>
<td>Perform massage mainly on neck and shoulder</td>
<td>Auto F2</td>
</tr>
<tr>
<td>BACK &amp; WAIST</td>
<td>F 3</td>
<td>Massage of back and waist</td>
<td>Perform massage mainly on back and waist</td>
<td>Auto F3</td>
</tr>
</tbody>
</table>

## Manual massage:

<table>
<thead>
<tr>
<th>Function</th>
<th>Buttons</th>
<th>State of description and display</th>
<th>Adjustment of massage ball</th>
</tr>
</thead>
<tbody>
<tr>
<td>Finger Pressing</td>
<td></td>
<td></td>
<td>Speed, width, intensity</td>
</tr>
<tr>
<td>Kneading</td>
<td></td>
<td></td>
<td>Speed, intensity</td>
</tr>
<tr>
<td>Patting</td>
<td></td>
<td></td>
<td>Speed, intensity</td>
</tr>
<tr>
<td>Kneading and patting</td>
<td></td>
<td></td>
<td>Speed, intensity</td>
</tr>
<tr>
<td>Knocking</td>
<td></td>
<td></td>
<td>Speed, width, intensity</td>
</tr>
</tbody>
</table>

## Thermal therapy:

<table>
<thead>
<tr>
<th>Function</th>
<th>Buttons</th>
<th>State of description and display</th>
<th>Adjustment of massage ball</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thermal therapy for back</td>
<td></td>
<td></td>
<td>Turn on or off the function of thermal therapy for backrest</td>
</tr>
</tbody>
</table>
Method of usage

(6) Pneumatic massage

<table>
<thead>
<tr>
<th>Function</th>
<th>Buttons</th>
<th>Description</th>
<th>Characteristics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lower body</td>
<td></td>
<td>Turn on or off the function of pneumatic massage for the lower body</td>
<td>Two selectable ranges of intensity</td>
</tr>
<tr>
<td>Buttocks</td>
<td></td>
<td>Turn on or off the function of pneumatic massage for buttocks</td>
<td>Two selectable ranges of intensity</td>
</tr>
<tr>
<td>Feet</td>
<td></td>
<td>Turn on or off the function of pneumatic massage for feet</td>
<td>Two selectable ranges of intensity</td>
</tr>
<tr>
<td>Intensity of air pressure</td>
<td></td>
<td>Air pressure massage intensity adjustment</td>
<td>Increase</td>
</tr>
<tr>
<td>Arthrosis Traction</td>
<td></td>
<td>By pressing down this button, the function of leg stretch will be enabled under the mode of pneumatic massage for lower body or feet.</td>
<td></td>
</tr>
</tbody>
</table>

(7) Adjustment of angles of calf support and backrest

- **Calf lifting**
  - Left: Button for lifting up the calf support: hold this button down to lift up the calf support, and release it to lock the calf support.
  - Right: Button for lifting down the calf support: hold this button down to lower the calf support, and release it to lock the calf support.

- **Backrest lifting**
  - Left: Button for lifting up the backrest: hold this button down to lift up the backrest slowly, and release it to lock the backrest.
  - Right: Button for lifting down the backrest: hold this button down to lower the backrest slowly, and release it to lock the backrest.

4. The padding and back cushion assembling and operation massage

- Using the cushion which can reduce the neck & shoulder kneading of the pillow, can determine according to your demands whether to use the pillow cushion or not (recommend using the pillow cushion).
- (1) backs of cushions connect back through zipper, (2) pillow cushion and back through is it spike joining to glue cushion.

**WARN:** Can’t raise the back cushion to use, in case of causing you hurt.

3. Switch off the power supply to finish the massage

(1) All massage functions will be stopped at once by pressing down the red switch button during the massage process, and backrest and calf support will reset automatically; or all massage functions will be stopped when the timed massage is completed, but backrest and leg support do not reset.

(2) Switch off the power supply of the whole unit.

![Diagram of seat functions](image)
Method of usage

5. Installation and use of the controller and table tray
   (1) Install the controller shelf on the massage chair.
   (2) The controller can rotate 180 degrees from head to foot.
   (3) The controller can be controlled and rotated 360 degrees.

6. How to move the chair
   Make sure wires are not in your way before you turn the back backward to a proper angle with the gravity center of the chair falls onto the casters. Then pull the chair forward or backward as you wish.

Product specification

<table>
<thead>
<tr>
<th>MATERIAL</th>
<th>PU</th>
<th>LEATHER</th>
<th>CLOTH</th>
<th>WOOD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Material introduction: PVC, PA, steel parts and electric &amp; electronic parts</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Name: Massage Chair
Model: A31
Configure: 01
Rated voltage: 110-120V~ 60Hz  
               220-240V~ 50Hz/60Hz
Rated power input: 180W
Rated time: 15 Min
Safety structure: Class I